Our Goal

Our goal at North Valley Behavioral Health is to restore your mental health to an optimal level, and to help alleviate any symptoms which may be affecting your quality of life, satisfaction, and ability to function.
Recognizing the Need

Mental illness affects us all; around 20% of people suffer from it at any given point in time. We all have known a family member, friend, or neighbor who has suffered from mental illness, whether it is anxiety, depression, ADHD, or any number of other conditions. Often, the stigma associated with mental illness prevents people from seeking treatment, which usually results in a worsening of the condition. Having a mental illness is not your fault, does not define you, and does not mean you are a weak person; instead, it is a group of treatable medical conditions backed by science.

Suffering from mental illness can impair your ability to function in multiple areas: with friends and family, at school or work, in your hobbies, and in your passions in life. It can significantly decrease your quality of life.

Seeking Care – Psychiatry for Children Adolescents and Adults

North Valley Behavioral Health offers behavioral health services for all ages. Our goal is to restore one’s mental health to an optimal level, and to help alleviate any symptoms which may be affecting the quality of life, satisfaction and the ability to function.

J. Douglas Muir, MD – Medical Director

Dr. Muir is a board-certified child, adolescent, and adult psychiatrist. In evaluating patients, his goal is to develop a thorough understanding of their backgrounds, concerns, symptoms, goals, and to develop a treatment plan to help them achieve peak mental health.

Dr. Muir received his medical degree from University of Arkansas for Medical Sciences (UAMS) College of Medicine in Little Rock and did his post graduate residency and fellowships at the UAMS Department of Psychiatry in General, Child and Adolescent Psychiatry. He is a member of the American Psychiatric Association and the American Academy of Child and Adolescent Psychiatry.

Location and Scheduling an Appointment

North Valley Behavioral Health is located at 2004 Hospital Way in the same building as North Valley Geriatric Specialty Services in the North Valley Medical Office Village. The Medical Office Village is located across the parking lot on the south side of North Valley Hospital. To schedule an appointment, please call us at 406-862-1030.

Private insurance, Medicare and Medicaid accepted