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North Valley Hospital Birth Center has Record-Breaking Month of Deliveries

WHITEFISH, MT – June 27, 2011:  North Valley Hospital is excited to announce that they had a record-breaking 61 babies were born at the Birth Center in May 2011. The last monthly high was March 2010 with 53 babies.  Breaking records isn’t something new for the Birth Center since the number of births at North Valley Hospital has grown between 6% and 35% every year since 2005.

Who would have thought you could have a home-like birth experience in a medical facility?  This unique aspect is believed to be just one of the reasons why North Valley Hospital is chosen by soon-to-be parents all over the world to deliver their bundles of joy.

Monica and Mark Lucas came here recently from Texas to deliver their third baby, Morgan.  They were so pleased with their care by Dr. Randy Beach and the staff at North Valley Hospital with their two older children that it was important for them to make the trip for a third time.

“It’s nice to know a friendly face,” Monica said. “Dr. Beach is like a long-lost friend and North Valley Hospital is very comfortable with wonderful nurses.  If we have a fourth child, we’ll make the trip again.”

“We really enjoy celebrating the birth days of each and every baby,” said Cindy Walp, North Valley Hospital Birth Center manager.  “And, the more the merrier.  Our country celebrates Mother’s Day in May, but at North Valley Hospital we celebrate it every day!”

Embraced by a family-centered care experience, families are given the red carpet treatment.  This includes large private rooms, home-like décor, freshly cooked meals, one-on-one labor support, availability of 24-hour anesthesia, lactation consultants, daybed for loved ones and more all wrapped in an around-the-clock, state-of-the-art medical facility.

“Choices are important for parents. Options allow each birth to be a unique experience,” Walp said. “As long as the requests are safe, we do everything possible to assist throughout so their wishes come true. We have a family atmosphere, embrace unique birth plans and have the medical support at our finger tips to give our parents the best of both worlds.”
For instance, North Valley Hospital offers acupuncture and acupressure as pain- and nausea-controlling alternatives to medication in labor, post-partum and post C-section. Another reason expecting parents choose North Valley Hospital is to incorporate a water birth. This is a well-researched, safe and comfortable alternative to delivering. And, in Montana, it is offered only at North Valley Hospital. The buoyancy of the water helps alleviate pressure and allows for the baby to have an easier transition from the womb.

“If the parents’ requests are safe, then we are more than happy to accommodate,” Walp said.

The North Valley Hospital Birth Center boasts of being able to maintain an extremely low C-section rate of around 18 percent. This is well below the national and state average of 33 percent. Also, 97 percent of mother’s are able to successfully breastfeed. The attention families receive while being cared for at North Valley Hospital is why patient satisfaction scores are exceptional.

Education and support are important factors for having the best birth and post-partum experience. That’s why the Birth Center offers a wide variety of classes and support groups all free of charge, including birth education. View North Valley Hospital’s website for a complete listing of offerings and stay tuned for more classes that are being developed to meet the area’s growing need for education.

For questions, call the Birth Center at 863-3535 or visit www.nvhosp.org.

About North Valley Hospital:

North Valley Hospital is a private 501©(3), non-profit community Critical Access hospital governed by a Volunteer Board of Directors from the North Valley area. North Valley Hospital is the only hospital in Montana affiliated with Planetree. Planetree is a non-profit organization that provides education and information in a collaborative community of healthcare organizations, facilitating efforts to create patient centered care in healing environments. North Valley Hospital receives no tax support for its services. The hospital and its affiliate clinics serve Flathead and Lincoln counties.

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